

September 2024 | NW Military Breakfast




Announcements:

Choice of FF Chocolate or 1% White Milk offered daily.

Meal Prices:
Breakfast: \$2.75
Reduced price: free

Lunch: \$4.00
Reduced: \$.40

 Any questions contact:
[Josie Cosgrove](#)
Cafeteria Supervisor
(210) 638-5906

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 WG Donuts Fruit Cup Juice	4 Hot Turkey Bacon Croissant Mixed Berry Cup Apple Juice	5 WG Apple Jacks String Cheese Applesauce Orange Juice	6 WG Cinnamon Toast Bar String Cheese Fruit Cup Apple Juice
9 WG Cereal String Cheese Fruit Cup Orange Juice	10 Yogurt Pack Strawberry Cup Orange Juice	11 WG Cereal Bar String Cheese Fruit Cup Apple Juice	12 Chicken & Waffle Fruit Cup Orange Juice	13 FOCUS FRIDAY
16 WG Poptart String Cheese Fruit Cup Apple Juice	17 WG Cereal String Cheese Applesauce Orange Juice	18 WG Cereal Bar Chilled Fruit Orange Juice	19 WG Cereal & WG Tiger Bites Fruit Cup Apple Juice	20 FOCUS FRIDAY
23 WG Honey Bun Peach Cup Orange Juice	24 WG Cereal String Cheese Fruit Cup Apple Juice	25 Mini Waffles Fruit Cup Orange Juice	26 WG Cereal Bar Fruit Cup Apple Juice	27 FOCUS FRIDAY

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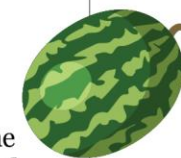
WG Banana Bread
Fruit Cup
Apple Juice



Watermelon

Season in Texas: May - October
Did you know?

You can eat the entire watermelon; some people make sweet pickles out of the rind



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
www.SquareMeals.org

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National School Lunch Program