

September 2024

Anne Frank Inspire 9-12 Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Chicken Tenders Grilled Cheese Sweet Potato Fries Buttered Corn Chilled Pears	4 Crunchy Beef Tacos Bean & Cheese Tacos Cilantro Rice Seasoned Pinto Beans Lettuce & Tomatoes Sliced Strawberries	5 Meatloaf & Dinner Roll Macaroni & Cheese Mashed Potatoes & Gravy Mixed Vegetables Fresh Apple	6 Cheese Pizza Pepperoni Pizza Seasoned Green Beans Fresh Broccoli Pineapple Craisins
9 Cheese Breadsticks Chicken Sandwich Cucumber Coins Steamed Broccoli Fresh Orange Craisins	10 Sloppy Joes Yogurt Pack Potato Wedges Seasoned Green Beans Sliced Strawberries Peaches	11 Cheese Enchiladas Crunchy Beef Tacos Spanish Rice Pinto Beans, Salsa Lettuce, Tomatoes Berry Cup & Craisins	12 Baked Potato Bar Pepperoni Pizza Sticks Sweet Potato Fries Corn Apple Slices Mixed Berry Cup	13 FOCUS FRIDAY
16 Cheeseburger Yogurt Pack Potato Wedges Seasoned Green Beans Diced Pears Fruit Cup	17 Beef Nachos Cheese Nachos Refried Beans Lettuce & Tomatoes Salsa Sliced Strawberries	18 Arroz con Pollo (Chicken & Rice) Yogurt Pack Steamed Broccoli Jicama & Lime Fresh Apple	19 Cheese & Jalapeno Pizza Pepperoni Pizza Cucumber Coins Baby Carrots Oranges & Pears	20 FOCUS FRIDAY
23 Chicken Sandwich Sunbutter Sandwich Fries Baby Carrots Peaches Fruit Cup	24 Orange Chicken & Brown Rice Yogurt Pack Steamed Broccoli Pears Craisins	25 Homemade Chili & WG Roll Grilled Cheese Green beans Baby Carrots Fresh Apple	26 Cheese Pizza Pepperoni Pizza Fresh Cauliflower & Broccoli Mixed Fruit Craisins	27 FOCUS FRIDAY
30 Chicken Tenders Yogurt Pack Sweet Potato Fries Green Beans Pears Fruit Cup				

Announcements:

Choice of FF Chocolate or 1% White Milk offered daily.

Meal Prices:
 Breakfast: \$2.75
 Reduced price: free

Lunch: \$4.00
 Reduced: \$.40

Any questions contact:

[Josie Cosgrove](#)
 Cafeteria
 Supervisor
 (210) 638-5906



Food and Nutrition Division
www.SquareMeals.org



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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 National School Lunch Program