Meal Prices: Breakfast: \$2.75 Lunch: \$3.25

## **MARCH 2023**

Anne Frank Inspire Academy

K - 5 Breakfast and Lunch

Tuesday Thursday Monday Wednesday Friday Breakfast Sandwich WG Pop tarts 2 Muffin w cheesestick Hot Dog OR Cheese Pizza Sack Lunch Grilled Cheese National School Breakfast Week Egg & Potato Breakfast Bow Breakfast Tacos Eggs, Sausage, Toast & Hashbrown Waffle Bar 9 10 Cheese Pizza (V) Spaghetti & Meat sauce Bean & Cheese Burrito Focus Cheeseburger OR OR Friday Texas toast or mac and cheese Pepperoni Pizza Mac and cheese 17 French Toast Sausage & Egg Croissant 21 Muffin & String Cheese Pancake on a Stick Biscuits & Gravy 20 23 24 Cheese Stuffed Breadstick (V) Corndog Cheeseburger Nachos Beef OR OR OR OR Personal Pizza Pepperoni & Cheese Breadstick Grilled Cheese (V) Mac and cheese Nachos Cheese (V) Sausage, Egg & Cheese Croissant 30 Eggs, Hashbrown, Sausage & Toast 27 WG Honey Bun Egg Breakfast Bowl French Toast 28 Orange Chicken Bowl Cheeseburgers Fish sticks w mac and Popcorn Chicken Personal Pizza OR OR cheese Mac and cheese Yogurt Parfait Grilled Cheese (V)

We offer a variety of fresh and prepared fruits and vegetables each day. Our menus are made with whole grain rich products and fat free or low-fat milk.

Cereal is offered as a second choice daily at breakfast. There is a vegetarian option offered each day (V).